

BH FITNESS



Strength

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Астана (7172)727-132
Астрахань (8512)99-46-04
Барнаул (3852)73-04-60
Белгород (4722)40-23-64
Брянск (4832)59-03-52
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Набережные Челны (8552)20-53-41
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Тюмень (3452)66-21-18
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CUSTOMIZATION

MOVEMIA Strength Series is the new range of guided strength equipment. The highest quality components and an exquisite biomechanics are complemented with high level of customization options to make them fit in your brand's identity.



CONNECTIVITY

Full HD screen

High resolution 11" screen (HD/4K) that features the same configuration capacities as cardio machinery monitors, being able to use it as another unification element of the corporative image.

Multimedia content incorporated

Each machine incorporates videos to show the best execution technique of each exercise which is added to the information provided by the graphic panels.



The chest and triceps press offers a wide range of exercises for the area, thanks to its independent movement and multiposition handgrips. Depending on the positions, we can work inner, middle or side chest.



Dimensions (L x W x H): 123 x 157 x 149 cm

Weight: 170 kg

Load: 112 kg (opt. 135 kg)

- Independent movement of the arms.
- Double handgrip for more variety of exercises.
- Load release pedal.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



DISENGAGEMENT PEDAL. The disengagement pedal makes it easy to bring the handles to the desired starting point.

M090_Shoulder Press

Dimensions (L x W x H): 176.5 x 142.5 x 149 cm

Weight: 169 kg

Load: 112 kg (opt. 135 kg)

- Independent movement of the arms.
- Counterbalanced arms.
- Double handgrip for more variety of exercises.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

MULTI-POSITION HANDLES. The non-slip multi-position handles are designed for neutral hand positioning to reduce strain on the muscles.



M270_Pectoral

Dimensions (L x W x H): 115 x 155 x 149 cm

Weight: 131 kg

Load: 95 kg (opt. 135 kg)

- Comfortable rolls for arms.
- Seat adjustment.
- Independent movement of the arms.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

INDEPENDENT ARMS. Its independent arms guarantee a more balanced progression of power. They offer the possibility of training one arm at a time, or both arms simultaneously.



M450_Weight Assisted Chin / Dip

The perfect machine to gradually improve push-ups and dips. Its configuration offers a soft, silent and fluid movement. The dips handle rotates around its own axis in order to enable two different exercises.



Dimensions (L x W x H): 175 x 138 x 220 cm

Weight: 244 kg

Load: 112 kg (opt. 135 kg)

- Multiposition handgrip with 3 bars on each side.
- Possibility to change the position of dip bars.
- Anti-slip oversized footrest.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

FOOT REST. Non-slip footrests assist the user in the use of the machine.

M410_Pec Fly / Rear Delt

Dimensions (L x W x H): 130 x 176 x 149 cm

Weight: 161 kg

Load: 112 kg (opt. 135 kg)

- Anti-slip handgrips.
- Double movement; Pectoral and Deltoid.
- Adaptative design of the arms.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

GRIP HANDLES. The handles have been designed to adapt to all types of users.



M160_Triceps

Dimensions (L x W x H): 115 x 138 x 149 cm

Weight: 164 kg

Load: 95 kg (opt. 135 kg)

- Wider piece at the bottom of the handlebar for making a stop.
- Optimal inclination of the seat.
- Independent movement of the arms.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

INDEPENDENT ARMS. Its independent arms guarantee a more balanced progression of power. They offer the possibility of training one arm at a time, or both arms simultaneously.



This seated row offers a precise, safe and well driven exercise due to its rotating handgrips. The vertical grip will allow users to focus on one arm and exercise it separately.



Dimensions (L x W x H): 200 x 113 x 149 cm

Weight: 169 kg

Load: 112 kg (opt. 135 kg)

- Independent movement of the arms.
- A huge variety of movements with rotary handgrip.
- Vertical grip for working with just one hand.
- Oversized and anti-slip footrests.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



FOOT REST. Non-slip footrests assist the user in the use of the machine.

M550_Lat Pulldown

Dimensions (L x W x H): 130.5 x 123 x 201 cm

Weight: 177 kg

Load: 112 kg (opt. 135 kg)

- Independent movement of the arms.
- Double grip with ergonomic shapes.
- Adjustable roll for legs.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

HOLDING ROLLERS. The support rollers offer more safety during exercise.



M490_Lateral Raise

Dimensions (L x W x H): 126.1 x 126.7 x 149 cm

Weight: 187.5 kg

Load: 95 kg (opt. 135 kg)

- Independent movement of the arms.
- Adjustable height of the seat.
- Counterbalanced arms.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

COUNTER WEIGHTS. The counterweights allow the load to be safely balanced to suit all types of users, beginners and high-level sportsmen and women.



Exercising the biceps is a must in any routine, and this machine will allow you to train it in an efficient and safe way. Its independent arms guarantee the perfect contraction movement.



Dimensions (L x W x H): 115 x 156.7 x 149 cm

Weight: 169.1 kg

Load: 95 kg (opt. 135 kg)

- Independent movement of the arms.
- Comfortable pads for arm rest.
- Ergonomic design of the grip.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



PULL HANDLES. The pull handles offer 2 different working positions.

M310_Abdominal

Dimensions (L x W x H): 138.5 x 121 x 149 cm

Weight: 141.5 kg

Load: 95 kg (opt. 135 kg)

- Adjustable exercise start position.
- Oversized footrests.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

FOOT REST. Non-slip footrests assist the user in the use of the machine.



M510_Back Extension

Dimensions (L x W x H): 138.5 x 122.5 x 149 cm

Weight: 170 kg

Load: 95 kg (opt. 135 kg)

- Adjustable exercise start position.
- Ergonomic and anti-slip grips on both side.
- Counterweight for load balance.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

COUNTER WEIGHTS. The counterweights on the arms allow the load to be balanced in complete safety to adapt to all types of users, beginners and high-level sportsmen and women.



Quadriceps is one of the strongest muscles of the human body and it is key to exercise it in a precise way. With its different adjustments, all of them easy and intuitive, the machine adapts to any user to drive them to a focused and comfortable exercise.



Dimensions (L x W x H): 130 x 124 x 149 cm

Weight: 169.6 kg

Load: 135 kg

- Ergonomic and anti-slip grips on both side.
- Three adjustment points: (1) seat, (2) start of the exercise and (3) roll for leg.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



EASY ADJUSTMENTS. The 3 possible adjustments can be made easily from the sitting position.

It is the most prominent machine for the lower body. An imposing machine both in design and size, but delicate and fluid in its movements. Thanks to its oversized platform the versatility of the exercises is granted.

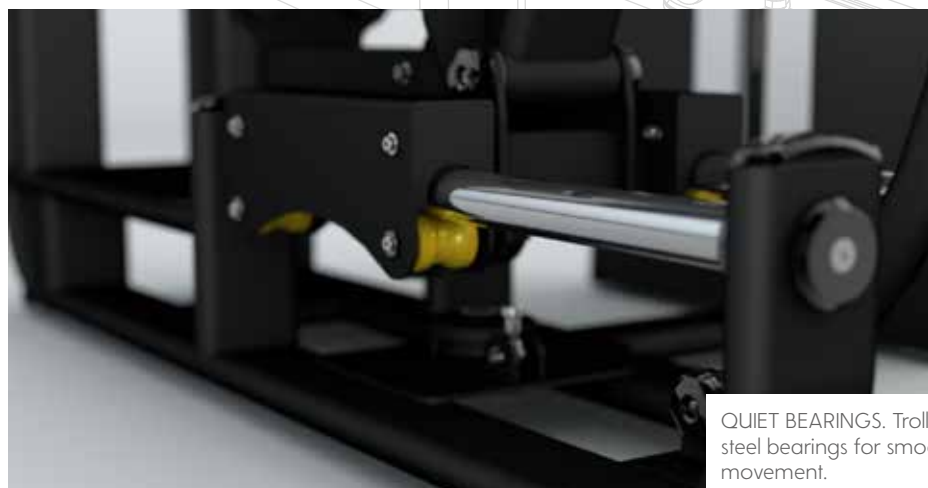


Dimensions (L x W x H): 170.5 x 119.4 x 149 cm

Weight: 154.2 kg

Load: 95 kg (opt. 135 kg)

- Adjustable seat inclination.
- Oversized platform.
- Quiet and smooth glide system.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



QUIET BEARINGS. Trolley mounted on steel bearings for smooth, fluid and silent movement.

M250_Abductor/Adductor



Dimensions (L x W x H): 173.6 x 150 x 149 cm

Weight: 165.8 kg

Load: 77.5 kg (opt. 135 kg)

- Extra comfortable pad system for legs.
- Ergonomic and anti-slip grips on both side.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

SIDE HANDLES. Side handles are located on both sides of the seat for added comfort during exercise.



M030_Prone Leg Curl



Dimensions (L x W x H): 170.5 x 119.4 x 149 cm

Weight: 154.2 kg

Load: 95 kg (opt. 135 kg)

- Ergonomic and anti-slip grips at the front.
- Easy adjustment system.
- Two adjustment points: (1) start of the exercise and (2) roll for legs.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

COMFORT AND EASY ADJUSTMENTS. Ergonomic levers and easy adjustments to adapt to all types of users.



The gluteous machine's design embraces the user and puts them in the right position for the gluteous kick.



Dimensions (L x W x H): 130.4 x 148.5 x 149 cm

Weight: 170.6 kg

Load: 95 kg (opt. 135 kg)

- Anti-slip and ergonomic front grips.
- Double adjustment system: (1) chest support height and (2) leg position.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.



COMFORT AND EASY ADJUSTMENTS.
Ergonomic levers and easy adjustments to adapt to all types of users.

M230_Calf Raise

Dimensions (L x W x H): 126.5 x 118.6 x 172.1 cm

Weight: 167.8 kg

Load: 135 kg

- Adjustable position of the height.
- Oscillating pads for shoulders.
- Anti-slip footrest.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

FOOT REST. Non-slip footrests assist the user in the use of the machine.



M170_Seated Leg Curl

Dimensions (L x W x H): 124.2 x 154.1 x 149 cm

Weight: 183.6 kg

Load: 112 kg (opt. 135 kg)

- Double handgrip: lateral and frontal.
- 4 adjustment points for optimal adaptation.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 4 mm thick steel structure.

EASY ADJUSTMENTS. The 4 possible adjustments can be made easily from the sitting position.



Upholstery color range_TR Series



schwarz
F6410811



granit
F6410812



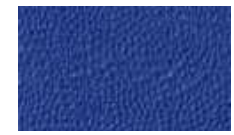
nickel
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sonne
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mais
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atoll
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orange
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schiefer
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lila
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feuer
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fuchsia
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mohn
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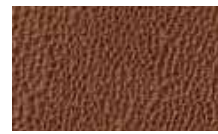
sky
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agave
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limone
F6411015



rodeo
F6410779



niger
F6411141



palisander
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Upholstery colours availability is subject to changes depending on the country. Ask your contact for more information.

CONNECTIVITY

TR Series Machines offer the option of SmartFocus to have a fully connected gym.

Full HD screen

High resolution 11" screen (HD/4K) that features the same configuration capacities as cardio machinery monitors, being able to use it as another unification element of the corporate image.

Multimedia content incorporated

Each machine incorporates videos to know the best execution technique of each exercise which is added to the information provided by the graphic panels.



L130_Larry Scott Biceps

Dimensions (L x W x H): 137 x 117 x 148,5 cm

Weight: 173 kg

Load: 68kg (opt. 91 kg)

This strength machine provides optimal adaptation to all users thanks to the training angle adjustment and its multiposition grip which rotates at 90°.

- Multi-position seat.
- Adjustment of the training amplitude on 3 different positions.
- SmartFocus with 11" console option and full connectivity available.



L140_Biceps/Triceps

Dimensions (L x W x H): 116 x 121 x 152 cm

Weight: 207 kg

Load: 90 kg



The L140 allows you to perform two exercises (dual function) in a secure way: biceps and triceps.

- Adjustment of the exercise angle to 6 different positions.
- Two multi-position grips.
- SmartFocus with 11" console option and full connectivity available.



L150_Triceps/Dips

Dimensions (L x W x H): 164 x 114 x 148,5 cm

Weight: 221 kg

Load: 91 kg

It allows you to switch up the exercise type thanks to the 180° rotating arms which adapt to the users physique.

- Double-position rotating grips.
- Double roller at the height of the tibia.
- SmartFocus with 11" console option and full connectivity available.



L160_Horizontal Triceps

Dimensions (L x W x H): 115 x 113,8 x 148,5 cm

Weight: 180 kg

Load: 68kg (opt. 91 kg)

An excellent choice for every type of user. The use of cam system allows movement with uniform weight to develop the triceps.

- Use of "cams" to develop a uniform weight.
- Adjustable feet with stabilisers.
- SmartFocus with 11" console option and full connectivity available.



L290_Seated row

Dimensions (L x W x H): 158 x 109 x 148,5 cm

Weight: 201 kg

Load: 91kg (opt. 125kg)

Rowing machine that allows a natural and adapted movement thanks to the 360° rotating grips.

- Chest support, rotatable and depth-adjustable in 9 positions.
- Multi-position handles rotatable 360°.
- SmartFocus with 11" console option and full connectivity available.



L450_Assisted chin and dip

Dimensions (L x W x H): 122 x 136 x 220 cm

Weight: 236 kg

Load: 91 kg

You can perform two different exercises in the same machine: pull-ups using the high grips and squats thanks to the leg support assistance and lateral grips.

- Double-height support platform.
- Leg support.



L550_Lat pull/Rower

Dimensions (L x W x H): 122 x 185 x 220 cm

Weight: 232 kg

Load: 125 kg



Besides its durable design with maximum ergonomoy and security, the machine also offers the possibility of doing a double exercise: high pulley and rowing.

- Possibility of doing a double exercise: high pulley and rowing machine.
- Double roller for fixing the legs, adjustable in 10 positions.



L110_Lat pulley

Dimensions (L x W x H): 145 x 127 x 198 cm

Weight: 246 kg

Load: 91 (opt. 125) kg

Ideal for developing your back muscles, it exercises the upper and central fibres of the wide dorsal.

- Double roller for fixing the legs, adjustable in 5 positions.
- Grip elements with rubber grips, non-absorbent and non-slip, multi-position.
- SmartFocus with 11" console option and full connectivity available.



L410_Rear deltoid/Peck deck

Dimensions (L x W x H): 166 x 129 x 200 cm

Weight: 229 kg

Load: 91 (opt. 125) kg

With the L410, the dual functioning technology exercises the posterior deltoid by working the pectorals.

- Possibility of doing a double exercise: deltoids and pectorals.
- Chest support.
- SmartFocus with 11" console option and full connectivity available.



L270_Butterfly

Dimensions (L x W x H): 109 x 153 x 148,5 cm

Weight: 231 kg

Load: 91 kg

With its independent arms, the machine provides more variety of exercises to train your arms.

- Disengagement of the load.
- Independent arms.
- SmartFocus with 11" console option and full connectivity available.



L090_Shoulder press

Dimensions (L x W x H): 194 x 147 x 148,5 cm

Weight: 243 kg

Load: 91kg (opt. 125kg)

It's a great way to exercise your shoulders because it assures the correct trajectory of the movement and prevents injuries.

- Disengagement of the load.
- Counterbalanced arm.
- SmartFocus with 11" console option and full connectivity available.



L490_Deltoid raise

Dimensions (L x W x H): 119,5 x 94 x 148,5 cm

Weight: 194 kg

Load: 91 kg

Using its lateral supports for the shoulder, the deltoid raise machine avoids friction and offers maximum adaptability to all type of user.

- Side rollers for shoulder support.
- Height-adjustable seat.
- SmartFocus with 11" console option and full connectivity available.



L070_Chest press

Dimensions (L x W x H):148 x 133 x 148,5 cm

Weight: 219 kg

Load: 91 (opt. 125) kg

Pinpoints stressors in the major pectoral and contributes to balanced aesthetic muscle development.

- Disengagement of the load.
- Multi-position handles.
- SmartFocus with 11" console option and full connectivity available.



L080_Chest / shoulder press

Dimensions (L x W x H): 193 x 132 x 152 cm

Weight: 212 kg

Load: 90 kg



It allows you to perform two exercises (dual function): chest press (horizontal and inclined) and shoulder press.

- Drive arm adjustable in 4 positions.
- SmartFocus with 11" console option and full connectivity available.



L310_Abdominal

Dimensions (L x W x H): 136 x 105 x 148,5 cm

Weight: 216 kg

Load: 91 kg

With the latest improvements in comfort, the L310 allows you to perform seated abdominals thanks to the ease and comfort of the padded rolls.

- Double quilted roll in the shape of V.
- Double rubber support for the feet.
- SmartFocus with 11" console option and full connectivity available.



L430_Rotary torso

Dimensions (L x W x H): 118 x 121 x 148,5 cm

Weight: 232 kg

Load: 68kg (opt. 91kg)

By engaging your abdominals, the L430 allows total control and a more natural movement.

- Physiological board.
- Double set of multi-position handles.
- SmartFocus with 11" console option and full connectivity available.



L510_Lower back

Dimensions (L x W x H): 136 x 105 x 148,5 cm

Weight: 216 kg

Load: 91 kg

The best choice for beginners or users with back problems, this machine avoids injuries caused by incorrect posture.

- Double rubber support for the feet.
- SmartFocus with 11" console option and full connectivity available.



L610_Abdominal/Lower back

Dimensions (L x W x H): 136 x 105 x 148,5 cm

Weight: 216 kg

Load: 91 kg

Dual exercise is possible with the same machine: abdominals and lower back. Its adjustable support rolls offers maximum comfort during the exercise.

- Double rubber support for the feet.
- SmartFocus with 11" console option and full connectivity available.



L250_Abduction / Adduction

Dimensions (L x W x H): 80,5 x 173 x 148,5 cm

Weight: 197 kg

Load: 68 kg



The L250 makes it possible to perform two exercises on the same machine. It can work adduction and abduction thanks to the 360° rotatory pads.

- Allows you to carry out a double exercise on the same machine.
- Amplitude of movement on 7 different positions.
- SmartFocus with 11" console option and full connectivity available.



L340_Total hip

Dimensions (L x W x H): 100 x 129 x 148,5 cm

Weight: 256 kg

Load: 91kg (opt. 125kg)

With the 180° adjustable arm, the L340 allows the user to perform different exercises, making it a highly versatile machine.

- The drive arm is adjustable in a range of 180°.
- Height-adjustable platform.
- SmartFocus with 11" console option and full connectivity available.



L330_Gluteous

Dimensions (L x W x H): 107 x 105,3 x 148,5 cm

Weight: 192 kg

Load: 91 kg

With its chest support, the L330 helps to isolate the muscles and avoids the risk of overloading the vertebral column.

- Rubber handles, non-absorbent and non-slip.
- Non-slip roller for feet.
- SmartFocus with 11" console option and full connectivity available.



L210_Seated calf

Dimensions (L x W x H): 164,8 x 112,5 x 148,5 cm

Weight: 213 kg

Load: 91 kg

With its ability to adjust to each user, the L210 is ideal for toning the calf and soleus.

- Backrest depth adjustment.
- Side handles.
- SmartFocus with 11" console option and full connectivity available.



L010_Leg extension

Dimensions (L x W x H): 142 x 113 x 148,5 cm

Weight: 220 kg

Load: 91kg (opt. 125kg)

With maximum adaptability to the height and build of each user, this machine maintains arm strength with constant resistance to prevent injury in the tendons.

- Depth adjustment of the backrest at 3 different inclination levels.
- Adjustment of the drive angle.
- Roller with 4 different positions.
- SmartFocus with 11" console option and full connectivity available.



L050_Leg press

Dimensions (L x W x H): 206 x 112 x 148,5 cm

Weight: 298 kg

Load: 136 kg

With an innovative pulley system that permits a higher maximum load, the L050 allows the user to train gluteous, isquios and quadriceps.

- Adjusting the inclination of the backrest.
- Oversized non-slip rubber platform for foot support.
- The design allows for a coefficient of 1.5, i.e. a maximum load thrust of approximately 200 kg.
- SmartFocus with 11" console option and full connectivity available.



L030_Lying leg curl

Dimensions (L x W x H): 178,7 x 113,6 x 148,5 cm

Weight: 222 kg

Load: 91 kg

The L030 can work the ischios and calves in a comfortable and safe way due to the variety of adjustments.

- Side supports for the forearms.
- Range of motion adjustment.
- Roller with 4 different positions.
- SmartFocus with 11" console option and full connectivity available.



L170_Seated leg curl

Dimensions (L x W x H): 174,4 x 112,7 x 148,5 cm

Weight: 224 kg

Load: 91 kg

The L170 can regulate both the backrest angle and working angle to perform the leg curl exercise.

- Working angle adjustable in 4 positions.
- Backrest depth adjustment.
- SmartFocus with 11" console option and full connectivity available.



L020_Leg extension/curl

Dimensions (L x W x H): 146 x 125 x 152 cm

Weight: 229 kg

Load: 90 kg

The L020 machine is a dual machine which provides a double exercise: Leg extension (quadriceps) and leg curl (femoral)

- Adjustment of the top roller to 7 different positions.
- Adjustable drive arm in 8 different positions.
- SmartFocus with 11" console option and full connectivity available.



PL070_Chest Press

Dimensions (L x W x H): 147 x 205 x 175 cm

Max. Load: 300 kg

- Hydraulic seat adjustment.
- 6 levels of plate storage.
- Chest and triceps.
- Convergent movement.
- Ultra-reinforced steel tubes 3 mm thick.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL090_Shoulder Press

Dimensions (L x W x H): 159 x 164 x 149 cm

Max. Load: 300 kg

- Hydraulic seat adjustment.
- 4 levels of plate storage.
- Shoulders.
- Convergent movement.
- Ultra-reinforced steel tubes with thickness 3 mm.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL130_Biceps

Dimensions (L x W x H): 150 x 125 x 124 cm

Max. Load: 100 kg

- Hydraulic seat adjustment.
- Ultra-reinforced steel tubes 3 mm thick.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL150_Seated Triceps

Dimensions (L x W x H): 165 x 150 x 95 cm

Max. Load: 300 kg

- Hydraulic seat adjustment.
- Reinforced knee support.
- Ultra-reinforced steel tubes 3 mm thick.
- 2 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL110_Pull Down

Dimensions (L x W x H): 150 x 147 x 200 cm

Max. Load: 300 kg

- Hydraulic seat adjustment.
- Multi-position handles for different exercises.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 4 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL300_Seated Row

Dimensions (L x W x H): 185 x 135 x 140 cm

Max. Load: 300 kg

- Hydraulic seat adjustment.
- Multi-position handlebars for a varied drive.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 6 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL010_Leg Extension

Dimensions (L x W x H): 160 x 160 x 115 cm

Max. Load: 350 kg

- Hydraulic seat adjustment.
- Independent drive system for each leg.
- Ultra-reinforced steel tubes 3 mm thick.
- 2 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL170_Leg Curl

Dimensions (L x W x H): 143 x 132 x 140 cm

Max. Load: 200 kg

- Independent training system for each leg.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 2 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL700_45° Leg Press

Dimensions (L x W x H): 261 x 190 x 153 cm

Max. Load: 600 kg

- Secure locking system for safe drives.
- Non-slip and oversized platform.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 2 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Backrest adjustment. Easy installation.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL290_T-Bar Row

Dimensions (L x W x H): 190 x 102 x 125 cm

Max. Load: 150 kg

- Support of the drive arm.
- Multi-position handles for different exercises.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- Non-slip aluminium handles, diameter 38 mm.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL200_Hack Squat

Dimensions (L x W x H): 230 x 190 x 129 cm

Max. Load: 450 kg

- Locking system making it easier to start the exercise.
- Non-slip and oversized platform.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 4 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Hydraulic seat adjustment with 7 positions.
- Backrest adjustment. Easy installation.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



PL210_Seated Calf

Dimensions (L x W x H): 140 x 82 x 92 cm

Max. Load: 200 kg

- Double padded leg support, adjustable in 6 positions.
- Safety guide to support the training arm.
- Ultra-reinforced steel tubes with a thickness of 3 mm.
- 2 reinforced racks for disc storage.
- Non-slip aluminium handles, diameter 38 mm.
- Stainless steel.
- Fireproof polyfoam upholstery.
- Multiple adjustments for any user morphology.



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