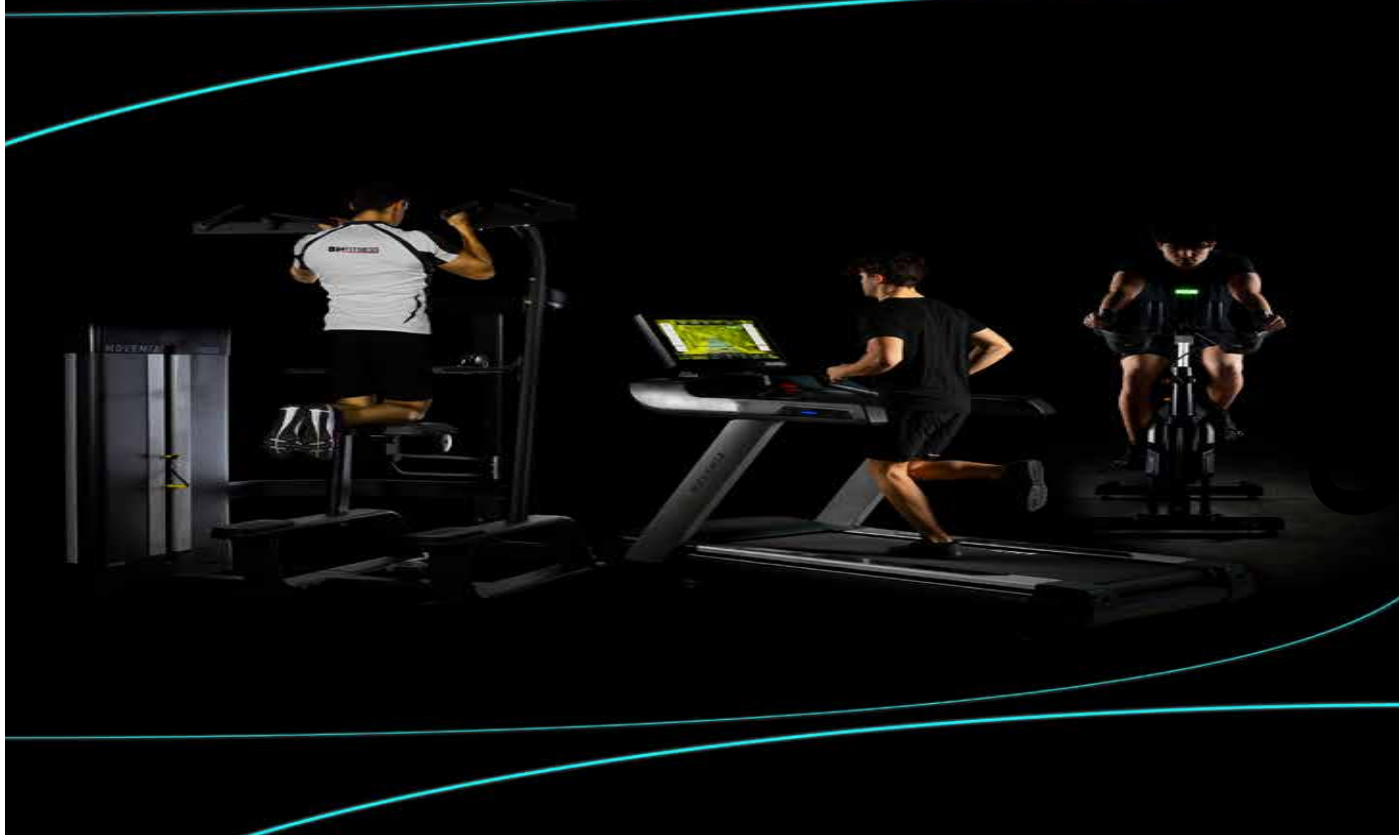


BH FITNESS



Benches

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L815_Press Bench

Dimensions (L x W x H): 170 x 166 x 137 cm

Weight: 69 kg

- Side storage racks for discs.
- 3 drive positions for the bar.
- ST-37/40 steel structure, 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L820_Incline Bench

Dimensions (L x W x H): 163,2 x 165,8 x 137,3 cm

Weight: 90 kg

- Seat height adjustment.
- Bench for back support.
- ST-37/40 steel structure 4mm thick.
- Painting treatment in 3 layers (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L855_Decline Bench

Dimensions (L x W x H): 210 x 166 x 137 cm

Weight: 85 kg

- Double fleece leg support, adjustable in 6 positions.
- Support pad for the femoral muscle.
- Structure in ST-37/40 steel 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L850_Shoulder Press Bench

Dimensions (L x W x H): 106 x 130 x 164 cm

Weight: 88 kg

- Auxiliary bench at the rear.
- 3 drive positions for the tiller.
- ST-37/40 steel structure 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L830_Larry Scott Biceps Bench

Dimensions (L x W x H): 101 x 81 x 86 cm

Weight: 40 kg

- Height-adjustable seat.
- Working angle specially designed for biceps brachial and anterior brachial exercises.
- Steel structure ST-37/40 of 4mm thickness.
- Painting treatment in 3 coats (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L835_Abdominal Incline Bench

Dimensions (L x W x H): 173,8 x 72,5 x 89,9 cm

Weight: 40 kg

- Adjusting the backrest inclination.
- Double roller to support and support the legs, avoiding injuries caused by bad posture.
- ST-37/40 steel structure 4mm thick.
- 3-coat paint treatment (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L840_Roman Chair

Dimensions (L x W x H): 112 x 80 x 64 cm

Weight: 35 kg

- Support pad for the femoral muscle.
- Double roller for the support and maintenance of the legs, avoiding injuries caused by bad posture.
- ST-37/40 steel structure, 4mm thick.
- Painting treatment in 3 layers (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L800_Abdominal Flexor Bench

Dimensions (L x W x H): 112 x 78 x 155 cm

Weight: 69 kg

- Double set of multi-position handles.
- Double padded forearm support.
- ST-37/40 steel structure 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L900_Chin-up and Dip

Dimensions (L x W x H): 112 x 78 x 240 cm

Weight: 85 kg

- Multi-position handles, which allow a double exercise to be carried out.
- Anatomical back support backrest.
- ST-37/40 steel structure 4mm thick.
- Painting treatment in 3 coats (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L885_Balanced Abdominal Bench

Dimensions (L x W x H): 100 x 96,5 x 125 cm

Weight: 65 kg

- Unique design. What distinguishes the L885 from other abdominal machines is the possibility to perform abdominal exercise from “bottom up”, without straining the neck, shoulders and back.
- Structure in ST-37/40 steel 4mm thick.
- Painting treatment in 3 layers (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L805_40° Incline Bench

Dimensions (L x W x H): 121 x 72,5 x 93,3 cm

Weight: 40 kg

- Double adjustment of leg length and training angle.
- Double side grip.
- 4mm thick ST-37/40 steel frame.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L825_Multiposition Bench

Dimensions (L x W x H): 121,2 x 75 x 46,5 cm

Weight: 37 kg

- Double back and seat adjustment.
- Feet with rubber protections to avoid scratching the floor.
- ST-37/40 steel structure 4mm thick.
- Painting treatment in 3 coats (anticorrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L810_Flat Bench

Dimensions (L x W x H): 115,9 x 90 x 42 cm

Weight: 25 kg

- With handle and wheels for easy movement in the gym.
- Seats with injection core.
- ST-37/40 steel frame 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



L300_Stretch Bench

Dimensions (L x W x H): 145 x 58 x 127 cm

Weight: 39 kg

- Numerous exercise possibilities.
- Ergonomic design. Guarantees correct posture for all users, whatever their size.
- ST-37/40 steel structure, 4mm thick.
- 3-layer paint treatment (anti-corrosion, epoxy and varnish).
- Fireproof polyfoam upholstery, type M2.



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